welcome to Song

At Song, we think there's no reason the miracle of flight can't include a decent sandwich. There's no reason you should have to check your appetite with your luggage. So we sell good food (and other nice amenities) on board. And we're proud to offer the kind of things you would eat at home. Fresh, organic ingredients. Well-prepared, tasty recipes. And brands you'd find in your own local market. On Song, you can say bon voyage and bon appétit at once.

about our chef

As the former chef of Heartbeat, at the W Hotel in New York City, Michel Nischan has been recognized for his innovative, no-nonsense approach to cooking. He believes in using the best possible ingredients – organic and seasonal when possible – and letting their flavors shine. As Song's executive chef, Mr. Nischan has brought this philosophy into the sky: Our menu includes simple, freshly prepared selections like crisp salads and hearty sandwiches. Mr. Nischan insists that eating well is an important part of flying – perhaps the only way to ensure that you feel as good getting off the plane as you did getting on.

menu



breaktast	Served on flights departing before 9:30 am.
Fresh Deli Bagel	

Stonyfield Farms Organic Natursource Granola*	Yogurt with	\$
Tracaisource Granoia		

Otis Spunkmeyer Muffin	\$
A sweet balance to a hot coffee.	

lunch Served on flights departing after 9:30 am. Some entrées are followed by a drink recommendation. We're trying to be helpful, not snobby; only your tongue knows what you'll really like. Maybe you want red wine with turkey, or apple juice with Greek salad. Our philosophy: Order and be happy.

Shaved Turkey on Foccacia

Turkey (not just any turkey, but premium Sara Lee rotisserie turkey) on artisanal tomato foccacia with organic lettuce and tomato, provolone and basil pesto. Tastes even

Niman Ranch Roast Beef Fajita Wrap

An even more interesting sandwich: beef with grilled red pepper, organic romaine, sautéed onions, cilantro and organic cheddar cheese. Served in a jalapeño flatbread with a hint of salsa and cumin-scented sour cream.

\$8 Rock 'n' Roll Veggie Sushi

The veggies in question are roasted sweet potato, asparagus and daikon radish, wrapped in toasted nori with wasabi-scented sushi rice. If you really want to rock 'n'roll,

Grilled Chicken Caesar Wrap

A (mostly) traditional Caesar salad. Marinated chicken with organic romaine, parmesan and (not-so-traditional) roasted red peppers. Served with Caesar dressing and wrapped in a red

Greek Salad

spice hits piquant notes that compliment Mediterranean flavors. In other words, red wine is yummy with olives and feta. Served with Greek dressing – as always, on the side.

Asian Chicken Salad

No, you don't have to eat it with chopsticks: Ginger-marinated chicken breast with romaine, napa cabbage, shredded carrots, water chestnuts and mandarin oranges. Served with chow mein noodles for crunch and a sesame-ginger vinaigrette for kick.

children's favorites

Kraft Lunchables	\$3
Mait LuilChables	~~

complimentary beverages









Coca-Cola, Diet Coke, Sprite, Diet Sprite Ginger Ale, Tonic Water, Club Soda

Dasani Water DASANI. Minute Maid Orange, Apple and Cranapple Juice Tomato Juice Mr. and Mrs. T's Bloody Mary Mix Milk, Coffee, Tea

adult beverages

You must be at least 21. Chronologically, not mentally.

Beer	фF
Amstel Light	\$5
Heineken	\$5
Miller Lite	\$4
Miller MGD	\$4
Wine	
Bonterra Cabernet available October 1	\$5
Fetzer Merlot	\$5
Bonterra Chardonnay available October 1	\$5
Fetzer Chardonnay	\$5
Champagne	
Korbel Champagne	\$5
Spirits	
Finlandia Vodka	\$5
Johnnie Walker Black Label	\$5
Maker's Mark Bourbon	\$5
Jack Daniel's Whiskey	\$5
	\$5
Crown Royal Whiskey	\$5
Tanqueray Gin	\$5 \$5
Bailey's Irish Cream	
Bacardi Rum	\$5
Song Sky High Martini Finlandia vodka with an olive. Shaken or stirred, your chioce. Served in a signature martini glass. Makes your journey a little more exhilarating.	\$5

Song Twisted Madras Southern Twist shaken with cranapple and orange juice. Sort of like a cosmopolitan, if a cosmopolitan could fly.

*indicates kosher

all-day choices

If you're on a Song plane, it doesn't count as snacking between meals.

Domestic cheddar and swiss cheese wedges served with red seedless grapes and hearty wheat crackers. If it's after noon (anywhere) try this with one of our wines. As they say in Wisconsin, c'est délicieux!	34
Odwalla Super Protein [™] Bar Just one will give you the strength to deal with your luggage all day.	\$3
Pringles Originals*	\$2
Frito-Lay Doritos 3D And you thought the plane was high-tech.	\$2
M&M/Mars	
Snickers*	\$2
Skittles*	\$2
Mrs. Field's Chocolate Chip Cookie* Our vintner recommends these with a glass of 2% milk.	\$2
Natursource Unwind Trail Mix* Airports sort of have trails, if you think about it.	\$2
Song boutique Everything you need to keep your mind, hands and mouth occupied.	
InStyle magazine	\$4
Real Simple magazine	\$4
Song Signature playing cards	\$2
·Song "Style" neck pillows Useful if you're in the middle seat. Essential if you're planning a comfortable nap.	\$5
Song "Style" beach blankets	\$15

Please accept Song's apology if your selection is not available. Next time, ensure your selections are available by ordering on www.flysong.com.



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